

# Fremont Union High School District

## Athletics Participation

### **Risk Warning:**

It is understood that the dangers and risks of playing or practicing to play/participate in the above sport/activity includes, but are not limited to, serious neck and spinal injured which may result in complete or partial paralysis, brain damage, muscles, tendons, and other aspects of the muscular skeletal system, serious injury or impairments to other aspects of my body, general health and well-being, and death. It is understood that the dangers and risks of playing or practicing to play/participate in the above sport/activity may result not only in serious injury, but in a serious impairment of my future abilities to earn a living, to engage in other business, social and recreational activities, and generally to enjoy life.

### **Steroids:**

The Governing Board recognizes that the use of steroids and other performance-enhancing supplements presents a serious health and safety hazard. As part of the district's drug prevention and intervention efforts, the Superintendent or designee and staff shall make every effort to ensure that students do not begin or continue the use of steroids or other performance-enhancing supplements. Student athletes prohibit the use and abuse of steroids.

The student athlete agrees that he/she shall not use steroids, unless the student has a written prescription from a fully licensed physician, as recognized by the American Medical Association, to treat a medical condition.

A student who is found to have violated the agreement or this policy shall be restricted from participating in athletics and shall be subject to disciplinary procedures including, but not limited to, suspension or expulsion in accordance with the law, Board policy, and administrative regulations.

We have read and understand the Fremont Union High School District's Code of Conduct for student athletes regarding steroids use and other performance enhancing supplements.

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Activity / Sport

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Print Student Name ( Last , First )

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Student Signature

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Date

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Parent / Guardian Signature

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Date